

My Mile Swim

By Evan K.

While I was at Camp Raven Knob, one of my classes was the mile swim which is a class that on consecutive days you swim 200, 400, 800 yards then the mile. Since I am on a year around swim team, I had no difficulty with these swims. There was one thing everyone liked, it was how refreshing the water was because it was 80 to 90 degrees most of the time.

On the day of the swim, every one that was swimming came down to the aquatic center and every one was matched up with rowers. Below is a picture of Mr McLellan trying to keep up with me. Sorry I'm too fast!



After the swim all the Troop 200 participants came together and took a picture and went to lunch.

